Domestic abuse is defined as any incident, or patterns of incidents, of coercive, controlling or threatening behaviour, violence or abuse between those aged 16 or over who are, or who have been, intimate partners or family members regardless or gender or sexuality. This includes psychological, physical, emotional, sexual and financial abuse.

DO YOU HAVE A FUNDRAISING OPPORTUNITY FOR US?

We are always looking out for new connections, and would love to assist schools in putting together activities, exercises, information days and fundraisers to raise awareness of domestic abuse and its effects on children! Please contact Eleanor at the below address for more information.

If you would like to book a Healthy Relationships Session, or would like to find out any more information about the work we do, please contact:

Eleanor Heywood-Bourne Schools Prevention Worker Email: Eleanor@thedashcharity.org.uk Work Number: 07824 602886 Twitter: @TheDashCharity Facebook: /TheDashCharity1 dash charity

domestic abuse stops here

HEALTHY RELATIONSHIP WORKSHOPS

What we Provide and How we can Help your Organisation

The Dash Charity

The Dash Charity is a local charity that supports women, men and children who have witnessed or experienced domestic abuse. We can support those who need crisis accommodation due to domestic abuse. Alongside this, our team of specialist Independent Domestic Violence Advocates (IDVAs) support high risk clients in managing their safety and the legal process, and our outreach team supports medium risk clients. We run a helpline and take referrals from local authorities and safeguarding organisations.

Feedback from previous sessions:

"I learned that domestic abuse involves controlling behaviour and blackmail not just physical violence."

"I learned that even though a person says they love you they don't always mean it... it would be better to be out of an abusive relationship than to keep going back to them, again, even when they say sorry!"

Feedback from previous sessions:

"I learned a lot about the different kinds of abuse and I liked the clear way it was explained." *"I learned that people have different lives and different circumstances... also how bad domestic abuse can actually be."*

What we Provide

For schools and other youth organisations, our Schools Prevention Worker can put together talks, presentations, workshops and assemblies. These talks can cover a variety of topics, including:

- The warnings signs of an abusive relationship
- Consent and respect
- Honour based violence, female genital mutilation and forced marriage
- ♦ The factics of abusers

The most important information we include is how to get help with each of the problems listed above. Each presentation can be tailored specifically for the needs of the school.

Why we are Needed

Domestic abuse is pervasive within society, and has been shown to have a severe impact on children and their current and future relationships. Research shows that :

- the age group most at risk from domestic abuse is 16-24 years old.
- 20% of school children are witnessing domestic abuse at home- this equates to 6 in a class of 30.
- 1 in 5 teenagers have been assaulted by their partners, including broken bones and facial bruises
- In the UK, more than 130,000 children live in houses that are at a high risk of domestic violence.
- Of the children that witness domestic abuse at home, 62% are also directly harmed by it.

As such it has become increasingly important to develop safeguarding procedures to educate young people about healthy relationships and what they can do if they witness abuse at home.