

FUNDRAISING IDEAS

EASY WAYS TO HELP THE DASH CHARITY!

1. Donate the **week's tips** or profit or an hour of sales from each member of staff
2. **Sponsored run/walk/ bungee jump/silence** – there is no limit to your imagination!
3. **Bake sale**- Afternoon Tea or Coffee Morning- everyone loves a bit of cake!
4. **Mufti Day, Fancy Dress or Casual Friday** at work or school
5. **Sponsored Beard/Head shave or wax(!)** – you could even get a tattoo, do something wild and wacky!
6. Hold an '**Auction of Promises**' – people with skills to offer, gardening, DIY, cooking, cleaning, car maintenance, dog walking, etc
7. **Give up Something** – cigarettes, alcohol, chocolate – donate the money you save
8. **Get crafty** and donate the profits from sales to Dash
9. Place one of The Dash Charity **donation pots** by your reception desk/counter
10. Set yourself a target – **choose an item to fundraise for** and aim to achieve it, e.g. new tablets for refuge children so they can do homework, a new minibus for refuge families to help them with transport to court and family outings – see [The Dash Charity Wish List](#).
11. **Swishing party** – friends swap clothes/books/accessories and pay £2 for each item they take away (plus you have the opportunity to have a clear out!)
12. **Host an event** – Pub Quiz, Bingo, Karaoke, BBQ, party, family fun day, fashion show, pamper evening... the possibilities are endless
13. **Sponsored football/rugby/netball/ cricket match**
14. **Come Dine with Me** – cook dinner for friends and ask for donations on the night equivalent to the cost of a night out
15. **Use our links** on [EasyFundraising](#) and [Amazon Smile](#) to raise funds while you shop

FOR MORE IDEAS OR SUPPORT WITH FUNDRAISING PLEASE CONTACT
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domestic abuse stops here